



EA Southee Public School

Newsletter

Extending our classroom to the personal and team challenges of Broken Bay

Term 3 Week 5 - Wednesday 26th August 2009

Dear Parents

Regional Representation

This week Joseph Trinder will be in Camden representing the Riverina Region at the state Rugby Union carnival. Joseph has a full calendar this year with regional representation in many sports. He'll have lots of options from which to choose when he goes to high school. We all wish him good luck in his latest sporting challenge.

Maintenance Update

On Monday and Tuesday this week we had a couple of workmen putting safety film on some of our windows. In years gone by it was felt that glass manufactured with wire mesh in it was a safety precaution but somewhere they found that if a person falls through the glass the mesh might make a bigger mess. The safety film means that body parts will now not travel through the glass and get cut. It's just another way we are thinking of the safety of our students.

Book Week Parade Notes

Parents, it is vitally important that we receive a permission note from you for your child to attend tomorrow's Book Week Parade in Cootamundra. We are not allowed to take your child on this mini excursion unless you have told us in writing that it is okay to do so. It would be heart breaking for anyone coming to school tomorrow with their costume and being told that they cannot go because a note had not been sent to school. I am sorry, but because of the large number of parents who have not returned permission notes we do not have the capacity to ring up each family and ask. Thank you to those parents who have returned their notes - we look forward to seeing as many as possible lining the streets, camera in hand, and encouraging our students.

Lunch Arrangements Tomorrow

Following the Book Week parade, parents are invited to have a picnic lunch with their children in Jubilee Park from about 1.00 pm. Students can bring their lunches to school as they would normally do, parents can bring something special to have with their children or children can order their lunches at the school canteen in the morning. Mrs Armstrong has made arrangements for lunches to be transported to Jubilee Park but warns that hot food might not be as

hot as it is when lunch is served at school. Please do not order noodles or milkshakes from the canteen tomorrow as they will slop all over the place.

Fete Update

Over the next four weeks a little section in the newsletter will be devoted to the upcoming P&C fete. Just a small request to start off - we are after some glass jars, with lids, for one of the stalls at the fete. It would be very much appreciated if you could spare a couple and send to school over the next two weeks.

Art Show Prizes

At the recent Soroptomist Art Show a number of talented young artists received major prizes. Congratulations to Matthew Rumble (First Prize - Year 1), Hannah Stirrat (Commended - Year 3) and Adrian Boxsell (First Prize - Year 5) for their outstanding artistic abilities. Keep up the good work.



Jack Ross, Jacob O'Mara, Brearna and Mikayla Ashford attended the library today to have a look at all the wonderful books available for sale at the Book Fair.

Road Safety

The time when our children are most vulnerable is when they are travelling to and from school, especially if they are walking, riding a bike or using a scooter, as they are not being directly supervised by either a parent or teacher. Although we continually stress road safety awareness at school it is always helpful if parents continue these important lessons at home. In particular the wearing of helmets is vitally important, as is safely crossing the roads. Sometimes drivers are distracted and may not see a child, especially if they run out onto the road without warning. No one wants a tragedy.

Literacy Ideas For Older Children

- Discuss why a filmmaker, writer or author may have created a film, article or play in a particular way. What was the purpose? Who is the intended audience? What ideas and points of view are presented?
- Talk about how cartoonists suggest something without having to draw it in a realistic or literal way.
- Discuss television advertisements, documentaries or films. You could talk about the message behind the surface and what the creators are really trying to say or sell.
- Ask your child to justify their own interpretation of a film, article or text by referring to the film or article and their own knowledge and experience.



A very helpful and happy Year 6 student busy collecting money for the Book Fair.

Year 7 2010 Homework Diaries

Once again the Cootamundra High School is taking orders for this year's Year 6 students to purchase homework diaries for Year 7 next year. If you are interested in purchasing a High School diary please leave your name and \$6.00 in an envelope at our front office where we will forward it on to the High School.



Some lovely girls discuss and compare which book is the best to buy!

Chalk & Parent Direct

Chalk & Parent Direct catalogues are going home today. If you are interested in purchasing for Christmas please return your order to the front office by the end of this term. All items purchased

Book Week Parade

The parade is tomorrow, Thursday, 27th August. It begins at the top of Parker Street (Mitre 10) at around 12.45pm. Hopefully all permission notes for this activity have been returned to the classroom teachers. Join us for a picnic lunch at Jubilee Park after the parade. Back to school around 2pm for afternoon activities. Come and help us celebrate Book Week.

Book Fair (Last day - tomorrow 9am - 4pm)

Tomorrow is your last chance to purchase great books. The Fair finishes at 4.00pm tomorrow. The winners of the lucky door prizes are Mrs Stephens, Mrs Lawrence, Miss Elliott, Mrs Bailey, Mrs McDermott and Mrs Webb. Don't forget to claim your \$10 purchase from the Fair.

Operation Christmas Child

Thank you to all those families who have donated items for our Christmas boxes. The boxes have been sorted and are now ready to be collected and distributed. We have very generous families at EA Southee!

Fruit 'n' Veg Week

Primary and central schools across NSW are being invited to join in and celebrate Fruit 'n' Veg Week from the 7th - 11th September (Week 7). Almost 1 in 4 school-aged children in Australia are now overweight or obese. Research shows that fruit and vegetable consumption is also lower than recommended in this age group. Therefore, Fruit 'n' Veg Week aims to:-

- increase awareness of the need to eat more fruit and vegetables
- increase positive perceptions of fruit and vegetables
- support behaviour change by incorporating fruit and vegetable themes into cross-curriculum lesson

plans, the school canteen and whole of school activities.

The canteen is running a colouring in competition which will be sent home shortly. This competition must be returned to the canteen. Mrs Armstrong will be also holding a meal deal menu in Week 7. Information for this meal deal will go home next week. A quick and simple summer recipe is:

FRUITY ICE TREATS

5 minutes preparation
6 serves of fruit in this recipe
6 disposable plastic cups
6 pop sticks

STRAWBERRY & KIWI

1 punnet strawberries, hulled and chopped
2 kiwi fruit, peeled and chopped
1½ cups orange juice
Drop strawberries and kiwi fruit into each disposable cup. Pour orange juice over fruit, add a pop stick to each cup and freeze until set. Run under hot water to remove from the cup. Makes 6 cups.



TROPICAL ICE TREATS

1 fresh mango, peeled and chopped or 425g can mango
1½ cups orange juice
410g can apricots in natural juice, drained and chopped
Puree mango in a blender and add orange juice. Divide apricots between plastic cups. Pour mango and orange juice over fruit, add a pop stick to each cup and freeze until set. Run under hot water to remove from the cup. Makes 6 cups.

Some Dates For Your Calendar

Thurs, 27th Book Week street parade.
Mon, 31st School Assembly. Artist of the Month, Aussie of the Month.
Sun, 6th Fathers' Day
Thurs, 10th Visit by the author Robert Trickey.
Fri, 25th P&C Fete

Canteen Roster

Thurs, 27th Rebecca Bliss, Katrina Bliss
Fri, 28th Lyndelle Barton, Tina Fensom
Mon, 31st Naomie Johnson, Margaret Cosgrove
Wed, 2nd Marion Miller, Tracey Oliver

Just the Best

Welcome back to our Year 6 students and accompanying staff members, Mrs Glover and Mr Dorczak. The students were fortunate to have the opportunity to travel to the mouth of the Hawkesbury River for the annual Yr 6 Broken Bay Camp, which is a part of the school's Health and Personal Development program. From all reports the students enjoyed fantastic coastal weather and had a wonderful time over the six action packed days. From seeing the blazing sun rise over the ocean horizon, the students also enjoyed archery, the high ropes challenge, boomerangs, rock climbing, marine environmental studies, disco night, minor games, 'County Fair' night, beach games, orienteering, initiatives challenge, rock hopping, ferry ride, bush hiking and cookout with the skilled and delightful camp instructors. On the domestic side, the students had to maintain the sleeping lodges, do scullery, servery and mess hall duty for their peers and students from Tamworth Public School on a rotational basis. After recovering over weekend, the students are now busy recording and saving their memories and photos electronically to share with family and friends.



Year 6 learning how to light beach fires in Broken Bay. Under supervision, of course!



"Year 6 Banksia Lodge, Broken Bay, 2009"

If you would like to see more about our school and students, or download a colour copy of our weekly newsletter (pdf) - visit our school website - www.easouthee-p.schools.nsw.edu.au or just google 'southee'